



# DART Prevention Coalition

Taking Aim at Substance Use in Ocean County

## The Dangers of Driving Impaired



### What is Driving Impaired?

Driving impaired means operating **any motorized vehicle**, such as a car, motorcycle, boat, tractor and more, while under the influence of any substance.

### Driving While Under the Influence of Alcohol



Alcohol use **hinders sound decision-making, slows reaction times and reduces coordination**, making accidents more likely.



Driving under the influence of alcohol is **dangerous**. You can harm or kill yourself, your passengers, other drivers or pedestrians.



If you are found to be driving while under the influence (DUI or DWI), you can be **charged, fined and lose your license**.

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**Institute for  
Prevention  
and Recovery**



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## Driving While Under the Influence of Marijuana



Marijuana, just like alcohol, can **slow reaction times, impair coordination** and **distort your perception**, making accidents more likely.



Drivers with THC in their blood were roughly **twice** as likely to be responsible for a crash than drivers who had not used drugs or alcohol.

## Think Ahead

**Get a ride home.** Call a rideshare, a friend or a family member to pick you up.

**Agree on a trusted designated driver ahead of time.** If you are in a group, agree on one individual who will not drink or use drugs.

**Be aware of the effects of over-the-counter and prescription medications.** Many over-the-counter medications can impact your ability to drive safely, whether on their own or mixed with alcohol.